

Spring 2010 Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This Schedule is for the Roanoke School The All Senior Class on Tues. Refers to Sr. Orange, Sr. Green, Etc. as well as All Black Belt Juniors						
Closed	3:45-4:30 White-Sr. Orange Juniors	4:00-4:45 All Juniors	3:45-4:30 Green-Sr. Blue Juniors	4:00-4:30 Dragons	4:15-5:00 Brown-Black Jrs.	
Closed	4:30-5:15 All Juniors	4:45 - 5:30 All Senior & Black Belt Jrs.	4:30-5:15 All Juniors	4:30-5:15 All Juniors	5:00-5:30 Brown-Black Juniors Board Breaking	10:00-11:00 All Juniors
Closed	5:15-6:00 Purple-Black Juniors	5:30 - 6:00 Dragons	5:15-6:00 Purple-Black Juniors	5:15-6:00 White-Sr. Green Juniors	5:30-6:30 Adults Black Belts	11:00-12:00 All Adults
Closed	6:00-7:00 Family Class	6:00 - 6:30 White & Yellow Juniors	6:00-7:00 Family Class	6:00-7:00 Cardio	6:30-7:30 Fight Night	
Closed	7:00-8:00 Teen/Adult All Ranks	6:30-7:30 Cardio	7:00-8:00 Teen/Adult All Ranks	7:00-8:00 Teen/Adult TKD		
Closed		7:30-8:30 Teen/Adult TKD				