

**BLACKSBURG
2011 FALL SCHEDULE
EFFECTIVE OCTOBER 10TH**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 to 4:30 Little Dragons	4:00 to 4:30 White & Yellow Jrs.	4:00 to 4:30 Little Dragons	4:00 to 4:30 White & Yellow Jrs.		9:00am Cardio
4:30-5:15 All Juniors {White-Sr. Orange Downstairs}	4:30-5:15 All Juniors {White-Sr. Orange Downstairs}	4:30-5:15 All Juniors {White-Sr. Orange Downstairs}	4:30-5:15 All Juniors {White-Sr. Orange Downstairs}	4:30 to 5:30 All Juniors Upstairs	10:00-11:00 Family Class 10:00-10:30 Little Dragons Downstairs
5:15-6:00 Purple-Black Belt Juniors	5:15-6:00 White-Sr. Green Juniors	5:15-6:00 Purple-Black Belt Juniors	5:15-6:00 White-Sr. Green Juniors	5:30-6:00 Teen/Adult Open Floor	11:00-12:00 Weapons Class
6:00-7:00 Cardio	6:00-7:00 Family Class	6:00-7:00 Cardio	6:00-7:00 Family Class	6:00-7:00 Teen/Adult Sparring Class	
7:00-8:00 Adult TKD All Ranks {16 yrs. & Older}	7:00-8:00 Teen/Adult TKD All Ranks	7:00-8:00 Adult TKD All Ranks {16 yrs. & Older}	7:00-8:00 Teen/Adult TKD All Ranks		
8:00-8:45 Teen/Adult TKD All Ranks		8:00-8:45 Teen/Adult TKD All Ranks	Little Dragon: 4 years old Juniors: Ages 5 to 11 Teen/Adult: Ages 11 and Older Adults Only Class: Ages 16 and Older Cardio: Ages 13 and Up Weapons Class: All Ages, TA Sparring Gear Required, & Approved Action Flex Weaponry Only.		