

# Spring 2012 Class Schedule {Effective Feb 13th}

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>This Schedule is for the Roanoke School</b>						
<b>The All Senior Class on Tues. Refers to Sr. Orange, Sr. Green, Etc. as well as All Black Belt Juniors</b>						
Closed	4:00-4:30 White-Sr. Orange Juniors	4:00-4:45 All Juniors	4:00-4:30 Green-Sr. Blue Juniors	4:00-4:30 Dragons		9:00-10:00 Kids Class {Dragons & All Juniors}
Closed	4:30-5:15 All Juniors	4:45 - 5:30 All Senior & Black Belt Jrs.	4:30-5:15 All Juniors	4:30-5:15 All Juniors	4:30-5:30 All Juniors TKD	10:00-11:00 Weapons Class
Closed	5:15-6:00 Purple-Black Juniors	5:30 - 6:00 Dragons	5:15-6:00 Purple-Black Juniors	5:15-6:00 White-Sr. Green Juniors	5:30-7:00 Instructors Class	11:00-12:00 Family TKD Class
Closed	6:00-7:00 Family TKD Class	6:00 - 6:30 White & Yellow Juniors	6:00-7:00 Family TKD Class	6:00-7:00 Adults TKD 17 & Up		
Closed	7:00-8:00 Teen/Adult Women's TKD	6:30-7:30 Cardio	7:00-8:00 Teen/Adult TKD	7:00-8:00 Cardio		
Closed		7:30-8:30 Teen/Adult TKD		8:00-8:45 Teen/Adult TKD		